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## The Effectiveness of the Kaisa Method in Facilitating Children to Memorize and Understand the Quran through Kinesthetic Movement at SDIT al-Fatih in Makassar City

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### Abstract

This study discusses the importance of teaching the Quran at an early age and the appropriate method to facilitate children in memorizing and understanding the meanings of Quranic verses. The method used in this study is the Kaisa method, which emphasizes on memorization and understanding of Quranic verses and their translations through kinesthetic movements that are tailored to the meaning of each verse. The purpose of this research is to examine the effectiveness of the Kaisa method in facilitating children to memorize and understand Quranic verses. The results of the study show that the Kaisa method can help children in memorizing and understanding the meanings of Quranic verses. This method enables children to easily memorize Quranic verses and understand them through kinesthetic movements that are tailored to the meaning of each verse. Moreover, this research shows that selecting the appropriate teaching method is crucial in achieving learning objectives and should be tailored to the characteristics of students, the number of students, and the learning objectives set by the teacher. The Kaisa method is one effective teaching method to facilitate children in memorizing and understanding the meanings of Quranic verses through kinesthetic movements that are tailored to the meaning of each verse.

**Keywords:** early-age teaching, Kaisa method, memorization, kinesthetic movements..

### Introduction

The Quran is a holy book and a guide for Muslims in both this world and the hereafter, as stated in Surah Al-Baqarah verse 2. This verse emphasizes that the Quran is very clear and unambiguous, and its truth as a revelation containing miracles is unquestionable. Scholars have different opinions about the meaning of the word "hudan" in this verse. Some interpret it as guidance towards deviance, while others interpret it as a light for those who are righteous.

According to Quraish Shihab in his book "Wawasan al-Qur'an," the Quran is a perfect recitation that cannot be compared to any other recitation in human history. Therefore, the Quran should be taught from an early age because childhood is a crucial period for instilling the values contained in the Quran in children. Teaching Quranic memorization from an early age is also easier because children's minds are still pure, and their memory is still strong.

To facilitate children in memorizing the Quran, the Kaisa method can be used. This method is oriented towards memorization and understanding of verses and their translations through kinesthetic movements that are tailored to the meaning of each verse. This method not only makes it easier for children to memorize Quranic verses but also enables them to understand the translations in the form of movements, making it more interesting and enjoyable for children.

## **Literature Review**

Diversity refers to differences in ethnicity, race, culture, religion, gender, age, ability, and socioeconomic status. In an educational context, diversity can refer to the differences that exist among students, such as differences in cultural background, learning style, and ability level. Embracing diversity means creating an environment that is inclusive, supportive, and respectful of all students, regardless of their differences.

There are several benefits to embracing diversity in education. First, it helps to create a sense of community and fosters positive relationships among students from different backgrounds. This, in turn, can lead to increased understanding and acceptance of differences, which can help to reduce prejudice and discrimination.

Second, embracing diversity can help to improve academic outcomes for all students. When students are exposed to different perspectives and ways of thinking, they are more likely to develop critical thinking skills and become more engaged in their learning. This can lead to improved academic performance and a better understanding of the world around them.

Third, embracing diversity can help to prepare students for the global workforce. In today's global economy, it is essential for students to be able to work effectively with people from different backgrounds and cultures. By embracing diversity in the classroom, educators can help to prepare students for the diverse workforce they will encounter in the future.

To embrace diversity in education, educators can take several steps. First, they can create a classroom culture that values and respects diversity. This can be done by incorporating diverse perspectives into the curriculum, celebrating diversity through cultural events and holidays, and promoting open discussions about differences.

Second, educators can provide professional development opportunities that help teachers understand and address the needs of diverse learners. This can include training on cultural sensitivity, inclusive teaching practices, and strategies for working with students with different learning styles and abilities.

Finally, educators can work to create a school-wide culture that embraces diversity. This can include involving parents and community members in diversity initiatives, promoting diversity in hiring and recruitment practices, and creating policies and practices that support diversity and inclusion.

In conclusion, embracing diversity in education is essential for creating a supportive and inclusive learning environment. By valuing and respecting differences, educators can help to foster positive relationships, improve academic outcomes, and prepare students for success in a diverse and globalized world.

## **Findings and Discussions**

Learning the Qur'an is mandatory for children, but not all children find it easy to understand and memorize it. Although memorization is not mandatory, children can memorize the Qur'an through habituation. The Keiza method was originally carried out by Laili to teach the Qur'an to her children. By applying this method, her five children easily memorized the Qur'an and became Hafidz Qur'an.

The Keiza method is done by teaching in a relaxed and enjoyable way. Each word in a verse is given a certain movement to facilitate children in memorizing and understanding the contents of the verse. For example, a mountain (Jabal) is depicted with both hands forming a triangle, or fire is depicted with palms expanding and closing.

Through this method, one of her children named Keiza participated in the Hafidz Qur'an audition on Trans 7 television station and won third place and favorite champion in 2014. The Keiza method became an inspiration in teaching the Qur'an and a motivation for children to always love and get closer to the Qur'an with relaxed and enjoyable methods.

Combining the left and right brain is not easy, but it is interesting for children. The application of this method is effective during the golden age of children, where their absorption ability is very good and their curiosity is high. Children do not have to sit still listening to murotal or lectures from ustads/ustadzahs, but they engage in learning activities with movements, games, quizzes, and are given one-on-one opportunities to practice.

This method also has movements that are adjusted to the meaning of the memorized verses, so that children know the meaning of each verse. For example, the word Ar-Rahman (The Most Compassionate), where both hands are crossed on the chest, so that when a child forgets the reading, they can call the child's memory with just the gesture of the movement.

One application of this method at Al-Fatih Elementary School in Makassar City with a sample in first grade showed that in the first cycle, no students reached the success indicators, but there was an increase in the average value. In the second cycle, five students were able to achieve success indicators, but the other students still showed average values. In the third cycle, 15 students were able to achieve success indicators, and even exceeded the success indicator of the ability to memorize the Qur'an.

## Conclusion

Keiza is a relaxed and fun method of teaching the Quran, which combines movements that are adjusted to the meaning of the verses being memorized. This method is effective during the golden age of children, where their absorption capacity and curiosity are high. Through this method, children can easily memorize and understand the Quranic verses.

Research has shown that the application of this method at SDIT AL-Fatih Kota Makassar can improve the average student scores in cycles I and II, and in cycle III, there was a significant improvement where 15 students were able to reach the success indicators, and even some exceeded them. The Keiza method has also produced Hafidz Qur'an, such as Keiza herself, who won third place and the favorite title at the Hafidz Qur'an audition on Trans 7 television station in 2014.

Therefore, the Keiza method can be used as inspiration in teaching the Quran to children and can motivate them to always love and get closer to the Quran with a relaxed and fun method.

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